

***New to Grade 10  
Course Selection Guide  
2024-2025***

***Mount Baker  
Secondary  
School***

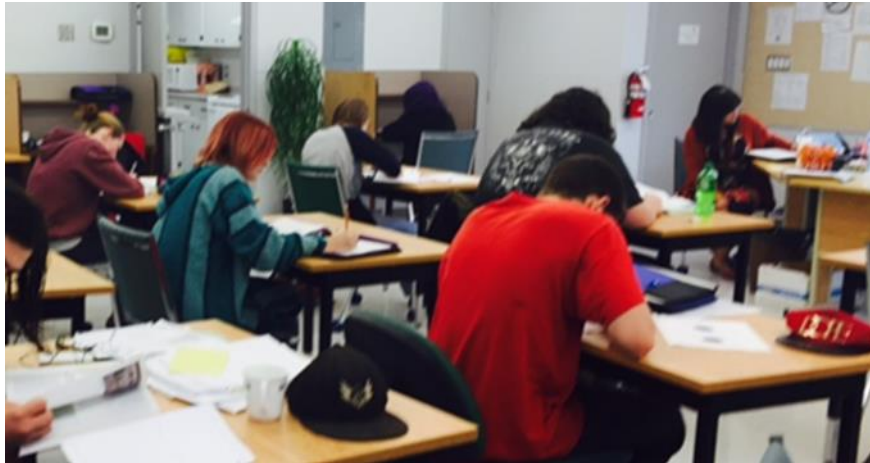


*Home of the WILD*

# Mount Baker Secondary School

## Option 1:

Mount Baker Secondary School is the home for approximately 1,000 Grade 10 – 12 students. It is the largest high school in the district. Mount Baker prides itself in offering a large variety of courses and having strong academic programs. It is a dual track school, offering English and French Immersion classes. It is fast paced with 4 classes (semester system) per day. Regular attendance is necessary to be successful at Mount Baker.



## Option 2:

Kootenay Educational Services (KES) is an alternate educational setting designed to accommodate the educational, social, and emotional well-being of vulnerable or at-risk students whose needs are not being met in a traditional school environment. KES uses a paper-based, self-paced delivery model with a very high level of one-to-one academic and social/emotional support. KES students are still considered Mount Baker students for graduation, yearbook, sports teams, etc. KES students also have the opportunity to take core or elective courses at Mt. Baker. To attend KES, there is an application process for suitability, and there must be agreement and input from student, parent/guardian, school staff, and/or other relevant professionals. Talk to your counsellor or school administration to see if KES could be right for you!



Both schools require the same courses to graduate, offer the same graduation programs, and are equally recognized by Post Secondary Institutions.

# GRADUATION REQUIREMENTS 2018 GRADUATION PROGRAM

## The 80-credit graduation requirements table

REQUIREMENTS	POSSIBLE COURSES	CREDITS
English Language Arts 10	An approved English Language Arts 10 course	4
English Language Arts 11	An approved English Language Arts 11 course	4
English Language Arts 12	An approved English Language Arts 12 course	4
Social Studies 10	Social Studies 10	4
Social Studies 11 or 12	A Social Studies 11 OR a Social Studies 12	4
Science 10	Science 10	4
Science 11 or 12	A Science 11 OR a Science 12	4
Mathematics 10	Foundations of Math & Pre-Calculus 10, Workplace Math 10	4
Mathematics 11 or 12	Foundations of Math 11, Pre-Calculus 11, Workplace Math 11, Computer Science 11, History of Math 11, Geometry 12, Pre-Calculus 12, Calculus 12, Apprenticeship Math 12, Foundations of Math 12, Statistics 12	4
Physical & Health Education 10	Physical and Health Education 10	4
Arts Education / Applied Design, Skills and Technology	Various choices from Arts Education / Applied Design, Skills, and Technology	4
Career Education	Career Life Education 10, Career Life Connections 12	8
<b>TOTAL</b>		<b>52 credits</b>
<b>ELECTIVE COURSES</b>		<b>28 credits</b>
<b>OVERALL TOTAL</b>		<b>80 credits</b>
<b>PROVINCIAL GRADUATION ASSESSMENTS</b>		
<b>Graduation Numeracy Assessment in Grade 10 and the Graduation Literacy Assessments in Grade 10 and Grade 12</b>		<b>Complete</b>
<p>**Of the 80 credits needed for graduation, at least 16 credits MUST be at the Grade 12 level, including a Grade 12 English Language Arts course.</p> <p>**All Ministry-authorized and Board/authority-approved courses count towards the 80 credits.</p> <p>**Career Life Connections can be used to help satisfy the requirement for at least 16 credits at the Grade 12 level.</p> <p>**One 4-credit Indigenous-focused course MUST be taken by Grade 12 and can count towards the 80 credits needed for graduation.</p>		

**GRAND TOTAL:**

**80 CREDITS**

**Don't forget that post-secondary institutions often require you to complete specific courses to get into certain program. Careful planning in Grades 10, 11 and 12 will ensure you have all the courses and credits you need.**

# English Language Arts Choices

English 10 YouTube Link: <https://youtu.be/nC6kql39caw>

## **EFP Literary Studies 10 & EFP New Media 10 (MEFLS10 / MEFNM10)**

**Prerequisite: EN 9**

English First Peoples Literary Studies 10 is designed for students who are interested in exploring First Peoples' literature in a variety of contexts, genres, and media. The new media component encourages students who are interested in exploring the increasing importance of digital media in communicating and exchanging ideas.

## **EFP Literary Studies 10 & EFP Spoken Language 10 (MEFLS10 / MEFSL10)**

**Prerequisite: EN 9**

English First Peoples Literary Studies 10 is designed for students who are interested in exploring First Peoples' literature in a variety of contexts, genres, and media. Spoken Language 10 is designed for students who are interested in studying First Peoples' oral traditions and in developing their oral self expression and communication in a variety of contexts.

## **EFP Literary Studies 10 & EFP Writing 10 (MEFLS10 / MEFWR10)**

**Prerequisite: EN 9**

English First Peoples Literary Studies 10 is designed for students who are interested in exploring First Peoples' literature in a variety of contexts, genres, and media. The writing component allows students to explore a variety of genres and writing forms.

## **Literary Studies 10 & Composition 10 (MLTST10 / MCMPS10)**

**Prerequisite: EN 9**

This course allows students to delve deeply into literature as they explore themes, periods, authors, and areas of the world through literary works. In addition, the composition portion of the course will support students in their development of written communication through questioning, exploring, and sampling different styles of writing.

## **Literary Studies 10 & New Media 10 (MLTST10 / MNMD10)**

**Prerequisite: EN 9**

This course allows students to delve deeply into literature as they explore themes, periods, authors, and areas of the world through literary works. In addition, the new media portion of the course supports students in their understanding and communicating of ideas through a variety of digital and print media.

## **Literary Studies 10 & Spoken Language 10 (MLTST10 / MSPLG10)**

**Prerequisite: EN 9**

This course allows students to delve deeply into literature as they explore themes, periods, authors, and areas of the world through literary works. In addition, the spoken language portion of the course will support students in their development of spoken communication through storytelling and public speaking.

**Band Students can make their English Language Arts choice (1 EFP or 1 Literacy Studies) and the majority of each will be the Band companion course.**

# Math Choices

The question is often asked which of the Math 10 courses is easier. One is not easier than the other. They each have their own focus, and each is designed for a different career path.

## **Foundations of Mathematics & Pre-Calculus 10 (MFMP10)**

**Prerequisite: MATH 9**

This course is for students who are interested in a post secondary career at the college or university level.



## **Workplace Mathematics 10 (MWPM10)**

**Prerequisite: MATH 9**

This course is designed for students who are interested in pursuing a career in the trades.

## **Linear Workplace Math 10 combined with Computer Science 11 (MWPM10 & MMACS11)**

**Prerequisite: MATH 9**

This year-long program gives students 8 credits and satisfies Math requirements for Graduation.

# Science 10 / Social Studies 10

Science 10 and Social Studies 10 are both mandatory courses. There is only 1 selection for each of these: Science 10 and Social Studies 10.

# Physical and Health Education

## **Physical and Health Education 10 (MPHED10)**

**Prerequisite: MPE 9**

**MPHED10 is required for graduation**

Physical and Health Education 10 consists of fitness activities, major and minor sports, recreational activities, and Health Education. To receive credit for this course, students are expected to participate in all activities. Students will choose one of the following Physical and Health Education 10 options:

1. Physical and Health Education co-ed class
2. A gender specific Physical and Health Education class:
  - Girls only
  - Boys only

## **Gym-Free Physical Education 10 (MPHED10--GF)**

**Prerequisite: MPE9**

This course is designed for students who prefer not to participate in group-based physical activity and desire an alternate way to receive their Grade 10 PHE credit. Much of this course is theory-based with students completing booklets, assignments, and/or projects. Students will learn about the barriers to physical activity, along with the benefits of physical activity. Along with health education, one of the main goals of the course will be to allow students to discover what types of physical activity they may potentially enjoy and be able to include in their current or future life. Students may be asked to keep a logbook of individual, preference-based physical activity that they complete on their own time. This course may include some individual or group walks or "walk & talks" to break up the amount of time sitting in a classroom.

# Career Education

## Career Life Education (MCLE10)

This offering includes a broadened focus on how to pursue life's journey in meaningful and goal orientated ways in an ever-changing world. Career-life development includes competencies of the educated citizen, self-assessment and reflection strategies, mentorship opportunities, well-being and personal work/life balance, demonstration of respectful interactions, and connecting experiential learning with career-life preferences.

### Grade 10:

**Career Life Education** is offered inside the timetable. Should students be unsuccessful in the completion of this required course, it will impact the option available in future grades.

# French Immersion

## Education au choix de carrière et de vie 10 (FCLE10)

**Prerequisite: None**

This course entails the same content as Career Life Education 10, delivered through instruction in French. The focus is identifying career-life preferences while navigating an ever-changing world in a goal-oriented manner. There is also an emphasis placed on self-assessment, reflection, mentorship, personal well-being, and work-life balance. **Education au choix de carrière et de vie 10 counts as the required MCLE 10 credit for graduation.**

## Français Langue Seconde-Immersion 10 (FFRAL10)

**Prerequisite : FFRAL9**

This course reviews the basics of French grammar and verbs, nouns, pronouns, adjectives, adverbs, etc. A variety of creative writing styles are explored: literary short stories, poetry, and classic fairy tales. Novel studies explore novel structure and comprehension.

## Sciences Humaines 10 (FSCH10)

**Prerequisite: FSCH9**

This course examines in detail Canadian politics and the formation of government. Canada's autonomy, international involvement and identity are studied with emphasis on WWI and WWII. Students are expected to take an active part in discussions and current affairs. A study of social geography, policies, and impacts is completed with topics such as the Great Depression, the role of women in Canada, and challenges faced by Indigenous peoples.

**\*\*French is the only language spoken in the classroom\*\***



# Arts Education / Applied Design, Skills, & Technology

**\*\*Students require 4 credits of Arts Education OR 4 credits of Applied Design, Skills, & Technology\*\***

## **Ministry Authorized 4 Credit Arts Education Courses**

### **MUSIC**

Choral Music: Concert Choir 10, 11, 12  
Choral Music: Vocal Jazz 11, 12  
Composition and Production 11, 12  
Instrumental Music: Concert Band 10, 11, 12  
Instrumental Music: Guitar 11  
Instrumental Music: Jazz Band 10, 11, 12

### **THEATRE**

Dance Foundations 10 (BA)  
Drama 10, 11, 12  
Film and Television 11, 12  
Musical Theatre 10, 11, 12  
Theatre Company 10, 11, 12  
Theatre Production 10,11, 12

### **ART, GRAPHICS, AND LIFE SKILLS**

Art Studio 10, 11, 12  
Media Arts 11, 12  
Photography 11, 12  
Studio Arts 3D 12  
Yearbook 10 (BA)  
Yoga and Mindfulness 12 (BA)

## **Ministry Authorized 4 Credit Applied Design, Skills, & Technology Courses**

### **COMPUTER STUDIES**

Computer Information Systems 11, 12  
Computer Programming 11, 12

### **HOME ECONOMICS**

Child Development/Caregiving 12  
Food Studies 11, 12

### **TECHNOLOGY EDUCATION**

Art Metal & Jewellery 12  
Drafting 11, 12  
Electronics 11, 12  
Furniture and Cabinetry 12  
Industrial Coding & Design 12  
Metalwork 11, 12  
Robotics 11, 12  
Trades Sampler 12  
Train: Train in Trades 12  
Woodwork 11  
Work Experience 12  
Youth Work in Trades 11, 12

### **BUSINESS EDUCATION**

Accounting 11, 12  
Business Computer Application 12

# Arts Education / Applied Design, Skills, & Technology

## MUSIC

Music Courses YouTube Link: <https://youtu.be/3fDqQ4gGQuY>

### **Choral Music 10: Concert Choir (MMUCC10) \*\***

**Course Length: All Year (Wednesdays 3:30-5:00) \*\*outside the timetable\*\***

**Prerequisite: None**

Concert Choir is a course that provides voice instruction and choral ensemble skills to all students, regardless of previous musical experience. Grade 10 students are mixed with Grade 11 and 12 students to form the Mount Baker Concert Choir.

Elements of the course include:

1. Vocal technique and tone production.
2. Posture, breathing and range development.
3. Ear training, harmony singing and sight singing.
4. Ensemble and solo skill building.
5. Performance of various styles and genres of vocal repertoire.
6. Studio and live recording sessions.



### **Instrumental Music 10: Concert Band (MMUCB10)**

**Course Length: All year linear, in timetable**

**Prerequisite: Band 9 or permission of music director**

This course offers the student an opportunity to focus on instrumental music with a focus on performance and recording. Students will be able to learn the logistics and stage management of performances and participate in stage crew and show running.

Elements of the course include:

1. Technique and tone production
2. Individual and team skill building
3. Studio and live recording and production
4. Percussion instrument training and performance
5. Composing and arranging using sequencing and digital audio technology
6. Study and performance of a wide variety of wind ensemble repertoire
7. Stage crew training

**\*\*Students must be enrolled in Concert Band in order to be permitted to audition for Jazz Band courses\*\***

### **Instrumental Music 10: Jazz Band (MMUJB10) \*\***

**Course Length- All year (Tuesdays and Thursdays, 7:30 am) \*\*outside the timetable\*\***

**Prerequisite: Concert Band 9/Jazz Band 9, by teacher's permission, through audition only.**

This course offers the student the opportunity to begin study in more challenging music in the Latin, Jazz, Funk, Pop, and Rock genres. There is a significant emphasis on public performance, solo playing, and improvising. Members of this class will join Jazz Band 11 and 12 students to form the Mount Baker Jazz Band.

**\*\*Students taking Jazz Band 10 must also be in Concert band 10\*\***

### **Instrumental Music: Guitar 10 (MMUGT10)**

**Prerequisite: None, Course Length: Semester**

Guitar 10 is an introductory level guitar course. It offers interested students the opportunity to learn and practice the skills and techniques involved in playing songs they love. Chord playing (open and arpeggiated), single note playing, picking, fingering, strumming, and hand positions are covered. Single line melody reading, tablature, note articulation techniques, barre chording, music scales, and playing techniques are also introduced.



# Arts Education / Applied Design, Skills, & Technology

## ART, GRAPHICS, AND LIFE SKILLS

### Art Studio 10 (MVAST10)

YouTube Link: <https://youtu.be/nRMh0QPely8>

Prerequisite: None

This introductory course provides students with opportunities to develop the knowledge and skills needed to perceive and respond to visual images as well as create and communicate with visual images. Activities will include image development and design strategies as well as materials, processes, and technologies used in the creation of two and three-dimensional artwork. Media will include drawing, painting, print-making, and sculpture.

### Yearbook 10 BA (YCCT-0A) \*\*

YouTube Link: <https://youtu.be/i6T3R7K4Cgs>

Prerequisite: None \*\*outside the timetable\*\*

The primary goal of this course is to produce the school yearbook. It is a year-long program that runs outside the timetable during lunch or after school depending on student needs. Previous art or photography experience is an asset but not required.

### Yoga and Mindfulness 12 BA

YouTube Link: <https://youtube.com/shorts/qGSyJAUooC0>

Prerequisite: None \*\*outside the timetable\*\*

Yoga and Mindfulness 12 is designed to provide students with the tools necessary to develop a healthier and happier lifestyle. Experience various styles of yoga in a safe, supportive, non-competitive environment while improving muscle tone, strength, flexibility, balance, concentration and breathing techniques. While focusing on the physical benefits of yoga, students will explore the mental benefits of yoga. Through a supportive regular yoga practice, students will recognize how a body reacts to stress and how to manage the demands of stress – which will assist students in making responsible personal choices and decisions. This course is open to any body in any condition – male or female.

## THEATRE

### Dance Foundations 11

Prerequisite: None

This class explores dance techniques and choreography in a variety of genres. No previous dance experience is necessary. Depending on the level of interest, this class is offered both in the timetable and outside the timetable (after school).

### Drama 10 (MDRM10)

YouTube Link: <https://youtu.be/joXlxtUnjiE>

Prerequisite: None

Drama 10 is an introductory course to acting on stage. Students develop group and presentation skills through improvisation, theatre games and inquiry. Monologues and scenes are presented in class. Drama 10 skills are developed through a variety of process and performance opportunities.

### Musical Theatre 10 (MMUTH10) \*\*

YouTube Link: <https://youtu.be/fgomGLqQXGA>

Prerequisite: Audition \*\*outside the timetable\*\*

Rehearse and perform in a main stage musical for Mount Baker Wild Theatre.



# Arts Education / Applied Design, Skills, & Technology

## THEATRE

### Theatre Company 10 (MDRTC10) \*\*

YouTube Link: <https://youtu.be/fqHhCx211s>

**Prerequisite: Enrollment through audition for MBSS productions \*\*outside the timetable\*\***

Theatre Company 10 is for students in grade 10 who audition and perform in one of MBSS main stage productions. Approximately 100 hours of intense rehearsal is the norm with performances in the Key City Theatre and other venues.

### Theatre Production 10 (MDRD10) \*\*

YouTube Link: <https://youtu.be/GS8l2Slla6g>

**Prerequisite: Enrollment through permission of Drama Teacher \*\*outside the timetable\*\***

Theatre Production 10 is an overview of all elements related to live theatre productions. It is hands-on work in lighting, sound, props, costumes, advertising, tool safety, make-up, production design and painting techniques. Students get first-hand practical experience working on stage productions.

## COMPUTER STUDIES

### Computer Information Systems 11 (MCINF11)

**Prerequisite: Student must be interested in computer hardware/software servicing**

This program is designed for students interested in a career in the fast-growing area of computer servicing and support. This course may be of interest to students who just want to know more about how to fix or upgrade their own computers. It will provide a good background and allow students to become comfortable working with computers. Students will learn to upgrade, service, maintain, and install computer hardware/software. Through hands-on experience, they will learn the basics of computer operating systems and network operating systems and methods for troubleshooting and resolving common computer hardware/software conflicts.

### Computer Programming 11 (MCMPR11)

YouTube Link: [https://youtu.be/9l\\_9Yxa--nY](https://youtu.be/9l_9Yxa--nY)

**Prerequisite: None**

This course introduces students to the art of computer programming. No previous knowledge of programming is required. Students will learn how to decipher, write, and modify computer code, using Python 3. Students will learn how to identify opportunities for creating a computer program. They will be introduced to the design cycle, which includes brainstorming, breaking a problem down, and writing programs that should solve the problem. Students will learn to test and refine their program and be introduced to a variety of programming structures to help streamline and optimize their code.



# Arts Education / Applied Design, Skills, & Technology

## TECHNOLOGY EDUCATION

### Art Metal and Jewellery 12 (MTAMJ12)

YouTube Link: <https://youtu.be/l0oiv18aO-4>

**Prerequisite: None**

This is an introductory course open to students from grades 10 to 12 who love the idea of designing and creating jewellery and artistic metalwork. Students will learn the safe use of metalworking, hand and power tools, and techniques such as etching, soldering, welding, brazing, forging, and casting.

### Drafting 11 (MTDRF11)

YouTube Link: <https://youtu.be/5iQgtrHZXo8>

**Prerequisite: None**

This course teaches the fundamentals of technical drawing and product design used by Architects and Engineers. The course covers the latest AutoCAD software and sketching/board skills.

### Electronics 11 (MTELE11)

YouTube Link: <https://youtu.be/ha-WWkwWQ0I>

**Prerequisite: None**

This is a foundation course which teaches students the basics of electricity and electronics. Using a hands-on approach, students explore the use of common electronic components, develop skills in the design and production of printed circuit boards and learn how to calculate and measure voltage, current and resistance in DC circuits.

### Metalwork 11 (MTMET11)

YouTube Link: <https://youtu.be/nAQXjmi6coo>

**Prerequisite: None**

This class uses hand and power tools that are required for working with metal. Safety and productivity are stressed throughout the program. The students will learn layout, cutting, drilling, grinding, welding, sheet metal, milling, lathe work, and forging. Students will complete several projects as a class and then have time to complete projects of their own choice. Projects include sport/hobby/automotive accessories, small furniture items and tools.

### Robotics 11 (MTROB11)

YouTube Link: <https://youtu.be/ha-WWkwWQ0I>

**Prerequisite: None**

This course uses the Lego Mindstorms system to teach students to design and build a variety of task specific robots. Students will learn how to build remotely controlled and autonomous wheeled, tracked, and multi-legged mobile robots and to program them to interface with different electronic sensors and motors. The lectures will focus on motors, sensors, and control.



# Arts Education / Applied Design, Skills, & Technology

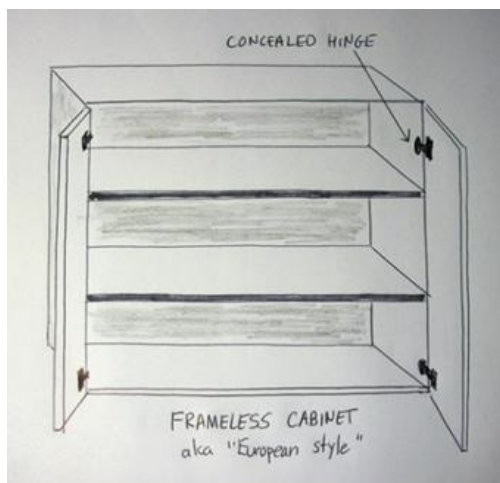
## TECHNOLOGY EDUCATION

### Woodwork 11 (MWWK11) – Level 1

YouTube Link: <https://youtu.be/tJUVHeGelek>

Prerequisite: None

Designed for all students, this course offers skills for those who may or may not have woodworking experience. Students will learn the safe use of all machines, to read and develop plans, as well as build modern and traditional furniture. Building your skills and confidence during this course will help you with more advanced woodworking classes.



## HOME ECONOMICS

### Food Studies 11 (MFOOD11)

YouTube Link: <https://youtu.be/xZcNkK1UjKE>

Prerequisite: None

Food Studies 11 is an entry level course in which students will be challenged with preparation techniques and theory. This course will be both fun and hard work. If you enjoy eating, being creative, working with your hands and want a relevant, practical, and career-oriented course, this is the one for you! Opportunities to assist in catering group functions and obtain Food Safe Level 1 Certificate may be provided outside of regular class time.

## BUSINESS EDUCATION

### Accounting 11 (MAC--11)

YouTube Link: <https://youtu.be/-Tkxaeq8Yyk>

Prerequisite: None

The Accounting course provides students with practical and valuable skills needed for lifelong financial decision making. The double-entry system and completion of the accounting cycle are integrated with use of the Excel spreadsheet computer program. Upon completion of the course, students are able to close out books and prepare balance sheets and income statements. A unit on income tax preparation is also covered through the CCRA Teaching Taxes program. Students will acquire practical and transferrable skills.

# Languages

## **Core French 10 (MFR10)**

YouTube Link: <https://youtu.be/AJKiLQ8VZJU>

**Prerequisite: FR 9**

Students entering Core French 10 should know how to ask and answer simple questions in full sentences. As well, they should have a command of common verbs (regular and irregular) in the present and past tenses. Core French 10 places an emphasis on practical communication skills, both oral and written. French is the language of the classroom, and students are expected to speak French as much as possible. They will learn to use a range of common vocabulary and expressions, and will be expected to relay information in past, present and future time, both orally and in written form.

## **Spanish Introductory 11 (MBSP11)**

YouTube Link: <https://youtu.be/6Zfyhzld2iA>

**Prerequisite: None**

This class is not for quiet students. Beginner Spanish is a fun way to learn to speak, read, and write Spanish. Much of your time is spent in oral communication and speaking practice. Students will learn pronunciation of Spanish sounds, a basic Spanish vocabulary, present tense verb structure, how to ask and answer questions, and most importantly this course will prepare students to communicate when they travel to a Spanish speaking country. Students will be required to complete daily homework online using the app Duolingo. Students who practice daily will be able to have a short but fluent conversation in Spanish with confidence by the end of the course.

# Leadership

## **Environmental Leadership \*\***

**Prerequisite: None \*\*outside the timetable\*\***

The Environmental Leadership Program is an active, participatory program that encourages Grade 10, 11, and 12 students to recognize their own capacity to effect positive change in their world to specifically address climate change, climate justice and environmental racism. Being aware of community-based issues related to climate change and climate justice, students will participate in school or local or global projects and initiatives (individually and in groups) that develop effective communication (oral and written), organizational skills, and decision-making related to climate justice. By learning from each other and people in their community, students will engage in topics, issues, and ideas that matter to them. This course is offered outside of the timetable for the entire year. In addition, students will be required to participate in planting and growing the school garden.

Students will be required to attend 25 hours of in class instruction. After that students will meet with the instructor at a mutually agreed upon time (morning, lunch, or after school). On-going reflections and evidence of personal growth (written and action-based) are required to receive credit for this course.

## **Student Leadership 10 (YCPA-0A)\*\***

YouTube Link: <https://youtu.be/Bk5L88TdH70>

**Prerequisite: None \*\*outside the timetable**

The Student Leadership Program is an active, participatory program that encourages grade 10, 11, and 12 students to recognize their own capacity to effect positive change in their world. Being aware of community-based issues and social justice concerns, students will participate in school or local or global projects and initiatives (individually and in groups) that develop effective communication (oral and written), organizational skills and decision making. By learning from each other and people in their community, students will engage in topics, issues, and ideas that matter to them.

This course is offered outside of the timetable. Students will meet with the instructor at a mutually agreed upon time (morning, lunch, or after school). On-going reflections and evidence of personal growth (written and action-based) are required to receive credit for this course.

# Indigenous Student Leadership

**Warriors (YCPA-0A) \*\***

YouTube Link: <https://youtu.be/4BRrUVf2BxI>

**Prerequisite: None \*\*outside the timetable**

Warriors is an Indigenous Student Leadership Program. The Warriors create opportunities for Indigenous students to gain personal growth through **Service, Leadership, Teamwork and Culture**.

This course is offered outside the timetable. Students meet twice per month during lunch hour to focus on topics such as:

- ◆ Cultural activities such as building a tipi, drumming, trapping, Metis jigging, beading, storytelling, moccasin making, attending a Pow Wow or Metis Kitchen Party
- ◆ Effective communication and Organizational skills
- ◆ Consensus decision making processes
- ◆ Personal growth plans and
- ◆ School wide initiatives and Community based initiatives
- ◆ Human dignity
- ◆ Anti-racism
- ◆ Meeting Protocols
- ◆ Team building

This course is open to all Indigenous students in Grades 10, 11, & 12. This is a four-credit program. Regular attendance, participation in events and evidence of personal growth (both written and action based) are required to receive credit for this course. A total of 100 hours must be completed to receive credit.

# Indigenous Education

Indigenous Education is for everyone. It is based on providing holistic supports: academic, physical, emotional, and spiritual. The broad goals of Indigenous Education are to support all First Nations (on and off reserve), Metis, and Inuit students and to infuse Indigenous perspectives across the curriculum.

Indigenous Education Support Workers (IESW) and Elders assist Indigenous students and their families in navigating the school system. They reinforce pride and identity amongst Indigenous students. The IESW and Elders are available to help all MBSS students, staff, and teachers.

## Example of Services and Supports for students:

Help with schoolwork

Help with post-secondary planning

Tutoring and Mentoring

Personal and cultural support

Snacks, drinks, and lunches available

Advocate

**Where:** Gathering Place, Room 101 8:00 AM – 3:30 PM

**Contact Information:** 250-426-5241, ext. 25052 and 25101



# Counselling

Counsellors at Mount Baker Secondary School assist students with a wide variety of personal, educational, and career-related concerns. Some examples of services:

**PERSONAL COUNSELLING** - assists students who are experiencing personal difficulties which interfere with their academic, social and/or family life.

**EDUCATIONAL COUNSELLING** - provides help in choosing appropriate courses and making educational plans for graduation.

**INFORMATION AND REFERRAL SERVICES** – Current selection of university and college calendars, scholarships and bursaries, and referrals to liaisons with social agencies, educational institutions, government agencies, and the business community.

It is our hope that through the resources available in the Counselling Department, students will be better informed and able to make appropriate decisions for themselves now and in the future. Counsellors can be accessed in non-emergency situations by making an appointment online on the Mount Baker website, under Students > Counselling Appointments, or with the secretary at 250-426-5241, ext. 25008.

## **Earning Credits Toward Graduation**

You'll probably earn most of your credits toward graduation the usual way – by successfully completing school-based courses. But there are other ways of earning credits, and some of these might work for you.

Read through the list of options below. For more information, talk to your school counsellor or go to: [www.bced.gov.bc.ca/policy/policies](http://www.bced.gov.bc.ca/policy/policies)

Distributed Learning	Advanced Placement	Post-Secondary Courses	Dual Credit
Equivalency	Course Challenge	Train: Train in Trades	
External Credentials	Youth Work in Trades	Independent Directed Studies	

## **Independent Directed Studies (IDS 10/11/12)**

The purpose of this course is to permit students to initiate their own course of learning at the Grade 10, 11, or 12 level under the supervision of a teacher. **IDS 10/11/12 will only be available through consultation with a counsellor and permission of the appropriate department head. 1 to 4 credits may be earned. This is completed outside the timetable.**

# Student Services

Located in Rooms 125 & 126, the MBSS Student Services Team provides a variety of support services for students. Our goal is to provide students with appropriate levels of support and meaningful programs to enhance learning in the school or in the community. Based on the specific academic, social, emotional, and physical needs of the individual student, some of these services include:

- Quizzes and tests (separate setting, oral questions, scribing)
- Adaptations (curriculum, test, homework, setting)
- Support with the acquisition of functional life skills
- Development of an Individualized Education Plan (IEP)
- Modification of academic core courses (Math, Social Studies, Science, English) for students working towards a BC School Completion Certificate (Evergreen Certificate)
- Meetings with students and parents to review progress and plan for future goals
- Arrangement of work experience where appropriate and possible

# Checklist and Information

## IF YOU ARE ENTERING GRADE 10:

- You have selected:  
An EN 10 option, SS10, WPM or FMP 10, SC 10, PHED 10, and Career Life Education 10
- You will need to select some electives to complete your Course Selection to make a total of **NO LESS THAN 8 COURSES** in the timetable.

Additional courses may be taken outside the timetable.

## IF YOU ARE ENTERING GRADE 11:

- You have selected:  
an EN 11 option, a SS 11 or 12, a SC 11 or 12, a MA 11 or 12, a course or courses that give you credit for the **Arts Education / Applied Design, Skills and Technology** graduation requirement  
(Note: this may have been met in Grade 10 elective choices)
- You have selected courses that lead you to the Grade 12 courses you will want next year (Prerequisites)
- You have selected no less than 8 courses

Additional courses may be taken outside of the timetable.

## IF YOU ARE ENTERING GRADE 12:

- You have selected or already passed:  
English Studies 12 or English First Peoples 12, plus at least 3 other Grade 12 courses
- You have selected or already passed an Indigenous-focused course in Grade 10 or 11
- You have **no less than 32 credits from SD5** to be eligible for internal scholarships
- You have checked the graduation requirement to see that you meet all of them.  
**80 credits are necessary for graduation.** Career Life Connections must be completed for graduation.
- Your Course Selection meets the necessary prerequisites of the post-secondary institutions and programs you may be considering after Mount Baker Secondary.

Finally – check with a counsellor if you are in doubt about any of the above. Wise Course Selection to prepare for your future is **YOUR RESPONSIBILITY.**